

## **Jr. Biddy Basketball Rules**

1. Games will begin 20 minutes after the scheduled gym time. This gives each team time to warm up, practice and/or review.
2. Teams should be divided into two groups, a stronger group(A) and a weaker group(B), although never use the word stronger or weaker. Instead, use "A" or "B" or for each game, use "starters" and "finishers". With 6 players, each group should have an equal number of players(3) or with 7 players, the A group should have 4 and the B group 3. Your groups may change as some players improve more over others throughout the season. All players should get an opportunity to play with the A team, but your best players should never play on the B team. If you do need to play them on your B team due to a minimum number of players, then they should only be used to pass and not to score.
3. You should make sure to talk to the opposing coach prior to the game to make sure you are both starting the same group(A or B). Because of byes, we can not just use odd weeks or even weeks.
4. Group subs will take place every 5 minutes. Individual subs(for groups with 4 players), will take place after every score, or 2 minutes, which ever comes first. The player scoring will sub out. This will help spread out the scoring and develop the passing game of those who love to just shoot the ball. If no one scores within two minutes, the players will sub out based on a four-player rotation and during a dead ball.
5. Teams will play 8 - 5-minute periods.
6. Periods are running time, except during substitutions, time-outs or injuries, or during the last 30 seconds of a period. There will be up to a one-minute break between periods.
7. Teams are allowed no more than 1- (1 minute) time-outs/period. Coaches can use the time-out for instruction or to give players a break.
8. There is no full court pressing allowed. Only "man to man" or "player to player" defense is allowed. No defending above the yellow line(This allows the offensive player a chance to cross mid-court. No Zone Defenses!! This also means that strong players cannot take advantage of the rule and just shoot jumpers above that yellow line.
9. Teams will always shoot at their bench end of the court. They will not switch ends.
10. There will be no shooting of free throws as coaches feel they have enough to work on without shooting free throws, however if teams are constantly fouling then the coaches will vote on a consequence.
11. There will be No three-point field goals.
12. Scores will be kept, however the score may never show more than a 10 point lead. A field goal made which would put a team up by more than 10 points, will not be scored or added to the scoreboard.
13. All other rules will be in effect, however players trying to do the right thing will be given leniency. i.e. A player who tries to pivot but drags his/her foot a little bit, should be allowed to continue play.

14. On each change of possession, the ball must be passed at least one time to a person in the frontcourt before a basket can be scored. An inbounds pass to a person in the frontcourt counts as fulfilling this criteria. This forces kids to keep their head up when moving up the floor.
15. When inbounding on the baseline the yellow baseline can be used for inbounding the ball. The defense must be behind that yellow line.
16. An 8-foot hoop will be used.
17. Each player will be provided with a ball and team shirt.
18. Each coach will be provided with 4 scrimmage vests.
19. Teams who are scheduled for the first game, must set up the hoops, clock, chairs and dust mop the floor. Teams playing the last game are responsible for breaking down the hoop, clock and chairs, and making sure the building is closed. The visiting team is responsible to make sure the floor is dust mopped. A parent should be responsible for making sure the entrance to the court area is free of any water being tracked in from outside. The home team is responsible for running the clock(We will try to get a set of directions which we can keep with the clock at all times). Please instruct your players to change into basketball sneakers after arriving to the game/practice. You might want to designate a team Parent to set up these game responsibilities. There is one practice time at the end of the day, therefore they can break down the hoops. If a team does not use that time please let the coordinator know, so the previous coaches can breakdown.
20. Officials will be used for all games. Please know that some of the officials will be high school players who are going through a training program. Please approach them in a professional manner and if you have a concern about a specific call/rule, bring the officials and other coaches together and discuss it respectfully.
21. Every effort should be made to develop each player to his/her maximum potential in a safe environment with an emphasis on creating a “FUN”, “HARD WORKING”, “TEAM” atmosphere.

Have a great season!!!