

LEAGUE RULES

Brookline/Hollis/Milford 5/6 Grade Girls Basketball League

League Rules:

1. We will use 10' hoops, a 28.5" ball, and play 5 on 5.
2. Games in **Brookline** will consist of 2 halves of 20 or 22 minutes (longer if we can get the gym 15 minutes earlier) running time and with 3 minute halftime. The clock will stop for the following:
 - o Injuries
 - o On all stoppages of play within the last 2 minutes of each half.
3. Games in **Milford** will consist of 2 halves of 16 minutes with stoppage per normal basketball rules and with 3 minute halftime.
4. If there is a tie at the end of regulation time, a 3 minute (running time) overtime period will be played. If the score is still tied, the game shall be considered a tie.
5. Teams will have 3 full (1 minute) and 2 short (30 second) timeouts per game.
6. There will be a jump ball to start each half. Alternating possession after that unless one team is losing by 10+ points. In this case, the team that is behind will get the ball.
7. Focus on equal play for players.
8. Defense cannot engage the offensive players until the ball crosses the top of the 3-point line (extended to the sidelines).
9. Teams have the option of playing zone or man-to-man defense for games on December 12th & 19th and on January 9th. Teams must play man-to-man defense from and including January 16th to and including the playoffs.
10. Shots behind the 3-point line will only count as 2 points.
11. On foul shots, players will have the option of shooting from 12' or 15'. If they shoot from 15', they can slightly jump over the foul line; however, if they shoot from 12', they cannot go over the foul line.
12. Beginning January 16th, full court pressing will be allowed, but only during the final 2 minutes of the second half. A team cannot press if they are ahead by 10 or more points.
13. The normal basketball rule shall be in effect which includes the following (this is not an inclusive list):
 - o 10 second backcourt violation.
 - o 5 second possession violation.
 - o 3 second lane violation.
 - o Limit of 5 fouls per player.
 - o Shooting fouls, floor fouls, offensive fouls, and technical fouls will be called.
 - o Team Fouls: one-and-one foul shot upon the 7th team foul and 2 foul shots upon the 10th team foul.
14. Keith White will keep the standings. Both coaches of each game should email Keith with the game score to white.keith@gene.com. In case of a tie in the standings, the tie shall be broken based on head-to-head record.

15. Playoffs will start on February 13th with the following format

First Place – bye	Semifinal	Finals
Fifth place/fourth place winner		
Second place/seventh place winner	Semifinal	
Third place/sixth place winner		

Fifth place/fourth place loser, second place/seventh place loser, and third place/sixth place loser will have a round-robin game.

Dates of games to be determined.

16. Home team to supply the referees.