

Clinic (T-Ball) Diamond Sports

Ages 5 to 7 (League age as of April 30th)

Welcome to another year of baseball/softball at the T-Ball level. It is our intent to let you and your coaches know what our objectives are for your child's diamond sport growth. This year we are providing a list of skills your child will be learning this season. If your child will be 7 years old and your child has already advanced beyond these skills, please feel free to ask the Directors to move your child to the next level (Instructional). Please be fair in making this assessment since lack of these skills at the next level may make your child frustrated and cause your child to not have fun playing diamond sports.

- Determine if your child bats/catches left or right handed
- Teach the proper batting stance and where to stand at the plate
- Teach how to hold the bat correctly (hand position on bat and arm position)
- Teach the proper grip on the bat
- Teach throwing the hands at the ball while hitting
- Teach the proper way to drop the bat after hitting the ball
- Teach the proper way to run to 1st base once the ball is hit into fair territory
- Teach running to the next base once the batter hits the ball
- Teach catching the balls hit to your area (do not fight with neighboring teammate)
- Teach snapping the wrist when throwing the ball
- Teach Step-Point-Throw-Follow through
- Teach glove positions when making catches in different locations of the body
- Teach the basic fielding position – “Monkey”
- Teach squaring up and getting behind the ball on a grounder
- Teach the “Alligator” technique of scooping a ground ball into the glove
- Teach focus and concentration on batter when fielding
- Teach throwing the ball to 1st base after fielding the ball
- Teaching caught fly balls are outs (although the team still bats through the lineup)
- Teach listening to the coach
- Teach GOOD SPORTSMANSHIP

We want to make sure that the number one objective is that your child is having fun.